Developing your game through education and training
CONTENTS

Welcome 4
St. George’s Park 6
FA Education Coaching Provision and Pathways

CORE COACHING QUALIFICATIONS
The FA Level 1 Award in Coaching Football 12
The FA Level 2 Certificate in Coaching Football 13
The FA UEFA B Licence 14
The FA UEFA A Licence 16
The FA UEFA Pro Licence 18

YOUTH COACHING QUALIFICATIONS
The FA Youth Award Module 1 20
The FA Youth Award Module 2 21
The FA Youth Award Module 3 22
The FA Youth Award Assessment 25
The FA Advanced Youth Award 26

GOALKEEPING QUALIFICATIONS
The FA Goalkeeping Coaching Award (Level 1) 30
The FA Goalkeeping Coaching Award (Level 2) 31
The FA Goalkeeping B Licence 32
The FA Goalkeeping A Licence 33

ADDITIONAL COACHING COURSE PROVISION
The FA Developing Defenders 34
The FA Developing Midfielders 35
The FA Developing Forwards 37
The FA Coaching Futsal: Level 1 38
The FA Coaching Futsal: Level 2 39
Coaching Players with Disabilities 41

REFEREEING QUALIFICATIONS
The FA Referee Course 42
The FA Mini Soccer Referee Course 43

PERFORMANCE EDUCATION
Medical/Physical Performance Pathway 44
The FA Emergency Aid (EA) Course 46
The FA Basic First Aid for Sport (BFAS) Course 47
The FA Intermediate First Aid for Sport (IFAS) Course 49
The FA Advanced Resuscitation and Emergency Aid (AREA) Course 50
The FA Advanced Resuscitation and Emergency Aid (AREA) Re-Accreditation Course 51
The FA Applied Anthropometry for Football 52
The FA Physical Performance Level 3 Award 53
MSC/Postgraduate Diploma in Exercise and Sports Medicine (Football) 54
The FA Psychology Award Level 2 56
The FA Psychology Award Level 3 57
The FA Psychology Award Level 4 58
The FA Psychology Award Level 5 59

OTHER COURSES
The FA Safeguarding Children Workshop 60
The FA Welfare Officer Workshop 61
The FA Developing the Developers 62
Football Industries MBA (FIMBA) 63
The FA Online Courses – Digital Support, Apps and more 64

FA EDUCATION NATIONAL COURSES 2015/16 | 3
WELCOME

Over the following pages you will find details of all our courses held nationally at St. George’s Park or regionally at venues across the country.

You will also find a range of support tools designed to complement your programme of learning and assist you in building your very own educational tool box.

We hope you enjoy your next educational experience with us and that it meets your individual needs and expectations, supporting you to become more innovative, and an excellent teacher of the game.
ST. GEORGE’S PARK

Home of English football, St. George’s Park has a lot to offer, including a world-class training facility, national coach education courses and state-of-the-art sports science and performance facilities.

This easily accessible facility, set in 330-acres of Staffordshire countryside, is the inspirational home for England’s 24 national teams. With 12 outdoor pitches, including a replica of the Wembley surface, a full-size indoor 3G pitch, an indoor Futsal sports hall and onsite hotel, St. George’s Park provides world-class facilities for all England teams and a host of other clubs and individual players.

Sports science and performance is integral to St. George’s Park. Perform at St. George’s Park is a bespoke sports medicine, rehabilitation and human performance centre which combines cutting-edge technology with elite medical expertise.

St. George’s Park is the home of FA Education and delivers all FA national coach education courses. The range of courses including football coaching, safeguarding, medical and refereeing will help communicate The Future Game philosophy, which outlines a vision for the development of English football.

Sports science and performance is integral to St. George’s Park. Perform at St. George’s Park is a bespoke sports medicine, rehabilitation and human performance centre which combines cutting-edge technology with elite medical expertise.

St. George’s Park is home for England’s 24 NATIONAL TEAMS and home to FA EDUCATION

167 National courses run at SGP since opening in 2012

72,000 Online courses

1300+ coaches have passed either UEFA B, UEFA A or UEFA Pro since Oct 2012

In total The FA have delivered 84,309 UEFA coaching awards from Grassroots to Elite since 2000

33,000 Level 1 and Level 2 coaches per season

Over 1000 coaches attended the December 2014 LCC Conference at SGP

New courses including... Talent ID and Physical Performance
The purpose of this diagram is to graphically represent the major coaching pathways that a learner can follow on his/her formal learning journey in football. Whilst the arrows indicate an idea of the most likely routes through the qualifications, they are by no means exhaustive and do not represent every possible journey a learner can take. There is no one pathway which The FA can recommend as the correct learning journey for each individual is specific to their context, history, knowledge and understanding.
“I feel that I have gained an outstanding amount of knowledge throughout the course, thanks to the approachability of the coaches at all times”

UEFA A Licence candidate
THE FA LEVEL 1 AWARD IN COACHING FOOTBALL

The course provides an introduction to the organisation and delivery of safe and enjoyable coaching sessions for players. The course will introduce practical games to develop players’ technical skills such as shooting, turning with the ball and running with the ball. It is ideally suited to those working with groups of young players.

Who is it for?
This introductory course has been produced by FA Education to help those who are new to football coaching and working with young players to understand more about coaching and the role of the coach.

Course assessment
Assessment involves the completion of all workbook tasks together with a 20 minute practical delivery assessment. Candidates can be reassessed within a 12 month period from registration.

Course content
The course will introduce some key aspects in the following:
- Player and coach development
- The FA’s Respect Programme
- Laws of the Game
- An introduction to The FA’s Long Term Player Development Model
- An introduction to Football for All

THE FA LEVEL 2 CERTIFICATE IN COACHING FOOTBALL

Building on the initial skills learnt in the Level 1 Award in Coaching Football, this course provides a more in depth understanding of coaching. The course introduces new themes such as the appreciation of different coaching styles, fitness planning, and player development, preparing for accidents and emergencies and understanding players’ nutritional needs.

Who is it for?
The certificate is aimed to support coaches with developing their knowledge of how to effectively plan, conduct and evaluate football coaching sessions. It will introduce coaches to an appreciation of the principles of the game, both attacking and defending, and how to utilise this knowledge for invasion games.

Course assessment
Assessment involves the completion of all workbook tasks together with delivering a 35 minute practical coaching activity that will be progressed on a specific theme relating to the course syllabus. Candidates can be reassessed within a 24 month period from registration.

Course content
The course will introduce a number of key aspects related to the role of a football coach in working with youth players. These are delivered via home based study tasks and tutor delivered workshops.

In addition coaches will have the opportunity to undertake two observed practical coaching sessions with the tutor and receive feedback based on selected criteria. This will form the basis of an opportunity to deliver 12.5 hours of coaching in the coaches workplace to apply the experience gained from the course.

Contact your local County Football Association

Course fees
Contact your local County Football Association

Course duration
Minimum 7.5 hours
THE FA UEFA B LICENCE

Who is it for?
Coaches working with a team of U14’s upwards in an 11v11 format.

Additional experience:
- Premier League, Championship, League 1 and League 2
- Steps 1 - 6 of The FA National League System
- Women’s football – Super League (FA WS), Premier League (FA WPL)
- Football Academy or Centre of Excellence
- Youth football girls – Centre of Excellence Head Coach U12’s upwards
- Youth football – Academy or Centre of Excellence Head Coach U15’s upwards
- University football – Premier League first team only
- University football women’s – Premier League first team only
- Football Conference Youth Alliance – National leagues first team only
- British Colleges – National Colleges Football League first team only
- Armed forces – National representative teams, core representative teams, development squads

Course content

Theory
Key aspects related to the role of a football coach working with teams. These are delivered via home-based study tasks and tutor delivered workshops. Students will examine the following:
- A philosophy of coaching
- Consider how players learn
- A study of both coaching styles and communication processes
- A detailed consideration of player analysis
- Utilising analysis data to prioritise player performance
- The psychological factors associated with player performance
- The influences related to The FA’s 4 Corner Model and player development
- A consideration of The FA’s Long-Term Player Development Model
- The ability to plan appropriate coaching sessions
- Consideration of the key elements related to coaching session delivery
- The development of progressive coaching sessions
- Detailed coaching session evaluation and reflection
- A consideration of fitness programmes and planning

Practical
The practical elements of the course will provide the following:
- The principles of defending: to include detailed consideration of defending from wide/central areas, counter attacking, switching play and finishing
- The principles of attacking: to include detailed consideration of attacking from wide/central areas, pressing and defending when both organised and outnumbered
- Midfield play: to include support play for front players, possession in key areas and the use of width
- Counter attacking and being able to defend deep and attack quickly
- Goalkeeping: to include support for the defensive unit, the ability to deal with crosses, maintain possession momentum and the development of shot stopping
- Set plays: to include effective organisation in defending and attacking from a selection of free-kicks, corners and throw-ins

Course assessment
Assessment is via successful completion of:
- All candidate learning activities
- The practical delivery of a themed 45 minute coaching session utilising coaching session formats from the course syllabus culminating in a minimum of 20 minutes in either a phase of play or a small-sided game (8v8)

Theory
- A philosophy of coaching
- Consider how players learn
- A study of both coaching styles and communication processes
- A detailed consideration of player analysis
- Utilising analysis data to prioritise player performance
- The psychological factors associated with player performance
- The influences related to The FA’s 4 Corner Model and player development
- A consideration of The FA’s Long-Term Player Development Model
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I can’t see how it would fail to meet anybody’s personal expectations, it has been a huge benefit to my coaching.

UEFA B Licence candidate

Course duration
17 days non-residential

Course fees
FA Licensed Coach/Club member price - £720 incl. VAT
Non member price - £940 incl. VAT

Course pre-requisites
To be eligible for UEFA B Certification Coaching Football, an appropriate action plan and demonstration of coaching and technical knowledge to deal with the requisites of the UEFA B contents. Each candidate must provide a depth of evidence as detailed below and the course director will assess your application based upon the evidence submitted:
- Employment status at club/organisation (full time / part time) or confirmation of a voluntary coaching role
- Provide your Level 2 action plan, and evidence of completion and readiness for UEFA B
- Have adhered to suggested timescales and achieved on Level 2 action plan
- Provide evidence of additional learning or courses attended or achieved since gaining FA Level 2
- Provide the number of hours of accredited CPD attained at Level 2 attached to your Licensed Coaches Club membership
- Coaching practice and tactile learning opportunities
- Evidence that you will have access to players and facilities to conduct appropriate practice at UEFA B level to complete your coaching tasks and portfolio
- Inclusion of a letter of support from Club or Employer signed by Club/Club or Employer senior staff member or Head Coach
- Applicants must hold in date FA Emergency Aid and FA Safeguarding Children Certificates

CLICK TO APPLY
**THE FA UEFA A LICENCE**

Who is it for?

For coaches who are, or who intend to be working in 11v11 football within the international, professional, semi-professional and elite girls or youth programmes. Candidates are strongly advised to ensure they will have access to sufficient players to practice 11v11 sessions between part 1, part 2 and the final assessment.

The FA UEFA A part 1 and 2 for Senior Professional Players Course is for current or previous full international players, including women’s senior team or full professional contract players with a minimum of five years experience.

Course content

The following practical aspects will be included in the course curriculum:

**Part 1**
- Attacking from set plays (corner, freekick, throw-in)
- Development of possession and effective movement: possession, playing out from a back three
- Tactical use of possession
- Development of quick inter passing and quick attacking play
- Counter-attacking
- Coach wingers how, where and when to receive the ball
- Crossing and finishing
- Defending deep with a back three
- Defending deep with a back four
- Defending with a back three
- Pressing
- Transition
- Goalkeeping
- Fitness

**Part 2**
- The full-back as an attacker
- No.4 as a quarter-back
- Overcoming deep-lying defences
- The role of the no.9
- The role of the no.10
- The shadow striker plus wrong-sided wide men/women
- Flexible forwards
- Attacking with a sweeper
- Defending with a sweeper
- Game Management: ‘coaching in the game’

The following theoretical aspects will be included in the course curriculum:

- Problem-solving exercises
- Performance and match analysis
- Strategies and tactics
- Principles and systems of play
- Communication skills
- Player development
- Psychology - how players learn, what motivates them
- Planning for performance

The content exceeds the minimum requirements specified under UEFA guidelines (120 guided learning hours), as it is designed specifically to meet the needs of coaches working in England.

Course dates

<table>
<thead>
<tr>
<th>Code</th>
<th>Start date</th>
<th>Venue</th>
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<td>CL443</td>
<td>28 May 2016</td>
<td>St. George’s Park</td>
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<td>CL442</td>
<td>20 February 2016</td>
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<td>CL444</td>
<td>9 July 2016</td>
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<td>CL4241</td>
<td>30 May 2016</td>
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<td>CL4240</td>
<td>26 February 2016</td>
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<td>CL4242</td>
<td>11 July 2016</td>
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</tr>
<tr>
<td>CL4242</td>
<td>11 July 2016</td>
<td>St. George’s Park</td>
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Reassessment

There is no limit to the number of reassessment opportunities, though candidates must successfully complete a reassessment within the five-year registration period. Detailed, constructive feedback will be given at the end of the assessment, with an action plan regarding the next stage.

Please note: the reassessment fees are not included in the course fees listed.

For information about The FA UEFA A Licence preparatory course please contact FALearningSupport@TheFA.com

Varied coaching styles and methods will be developed throughout the course, and the use of functional practices, phases of play, small-sided games and 11v11 structures will be employed in the presentation of the practical content.

Course duration

20 days

The course is divided into two residential parts:

**Part 1:** Part 1 of the course runs over 12 days in three blocks of study, during which some candidates will be filmed delivering a practical session, as well as participating in the theory and practical sessions.

**Part 2:** Candidates will return for an eight-day Part 2 course, and will be filmed delivering one practical session, as well as participating in the remaining theory and practical sessions. Final assessment will take place after Part 2, and candidates will be sent details of assessment opportunities.

Please note: Part 2 and initial assessment must be completed within three years of taking the Part 1. Candidates will then have two further years for reassessment, if necessary.

Course fees

- **FA Licensed Coaches’ Club member price**
  - Part 1: £2,695 incl. VAT
  - Part 2: £1,990 incl. VAT

- **Non member price**
  - Part 1: £3,470 incl. VAT
  - Part 2: £2,585 incl. VAT

Course pre-requisites

- UEFA B Licence (or equivalent) and the UEFA A Licence Preparatory Course prior to applying to enrol for the UEFA A Licence Part 1.
- Candidates must have their applications vetted and approved by the course director prior to enrolling.

APPLY FROM AUTUMN 2015
THE FA UEFA PRO LICENCE

The FA UEFA Pro Licence is the mandatory qualification for all first team managers who wish to work in the Premier League. The course is designed to prepare managers and coaches to work at the elite level of the game in a managerial capacity (International, Premier League, Football League and The FA Women’s Super League). The course has been designed using a competency based approach and will be delivered in a number of modules over an 18 month period, combining distance learning and club visits to support and enhance the learning. The content will be a mixture of theory and practical based delivery using the latest technology and facilities at St. George’s Park.

Who is it for?
Elite level coaches who wish to work in a managerial capacity in the Premier League and Football League.

Course content

- Professional communication
  - Communicating with players
  - Communicating with staff
  - Communicating with senior management, owners and senior stakeholders
  - Communicating with the media, wider community and supporters
  - Communicating with third party talent identification and recruitment agencies

- Leadership, management of self and others
  - Influence and influencing
  - Practical applications of leadership
  - Leading and developing staff and associates
  - Leading winning teams in the modern game
  - Managing oneself and handling the pressures of management
  - Decision-making, time and priority management

- Performance management
  - Tactical understanding of the game and of systems of play
  - Technical understanding of play and players
  - Talent identification and recruitment
  - Performance analysis and purposeful use of data
  - Seasonal planning and preparation
  - Weekly planning, preparation and management
  - Match day management
  - Understanding and utilisation of physical conditioning, recovery and rehabilitation
  - Developing and sustaining a winning culture

- Football business and finance
  - Understanding finance
  - Building a brand
  - Employment and contract law
  - Commercial and other revenue opportunities
  - Marketing and public relations

Course fees

| FA Licensed Coaches’ Club member price | £7,595 incl. VAT |
| Non member price | £8,510 incl. VAT |

Course pre-requisites

In order to be considered for a place on The FA UEFA Pro Licence, applicants should meet the stated criteria detailed below:

- Applicants must hold a current UEFA ‘A’ Licence, with priority given to applicants holding the English FA Award
- Applicants from outside of the EU must hold the current A Licence equivalent award of that country as a minimum, with priority given to holders of the FA UEFA ‘A’ Coaching Licence
- Applicants must typically have experience in the professional game (or women’s equivalent) at senior level as either a player (minimum five years experience), player coach, coach, assistant manager or manager
- Priority will be given to applicants who have significant coaching experience with senior players in the domestic professional game

The course has an optimum intake of 18 and applicants therefore are required to submit an application form with a CV and accompanying letter to FA Education. All applications are considered by The FA UEFA Pro Licence Admissions Committee, which is made up of a representative from The FA, LMA, PFA, PL and FL.

Please note: Meeting all of the above criteria will not guarantee a place on the course. All successful applicants will be expected to attend a familiarisation half-day at St. George’s Park prior to the course start date.

Course dates

<table>
<thead>
<tr>
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<th>Venue</th>
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<tr>
<td>CL513</td>
<td>TBC January 2016</td>
<td>St. George’s Park</td>
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Course assessment

In order to complete the Pro Licence, students must attend all modules and will be assessed over the 18 months using a competency framework model of assessment. In addition they will complete all associated distance learning and course tasks.

Reassessment

Students who do not complete all of the above tasks before the graduation will be required to complete them before the following year’s graduation.

“The whether you’re a coach or a manager, or even if you’ve just finished playing, I’d definitely recommend the course.”

Pro Licence graduate

Course fees

FA Licensed Coaches’ Club member price - £7,595 incl. VAT
Non member price - £8,510 incl. VAT

Course pre-requisites

In order to be considered for a place on The FA UEFA Pro Licence, applicants should meet the stated criteria detailed below:

- Applicants must hold a current UEFA ‘A’ Licence, with priority given to applicants holding the English FA Award
- Applicants from outside of the EU must hold the current A Licence equivalent award of that country as a minimum, with priority given to holders of the FA UEFA ‘A’ Coaching Licence
- Applicants must typically have experience in the professional game (or women’s equivalent) at senior level as either a player (minimum five years experience), player coach, coach, assistant manager or manager
- Priority will be given to applicants who have significant coaching experience with senior players in the domestic professional game

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Please note: Meeting all of the above criteria will not guarantee a place on the course. All successful applicants will be expected to attend a familiarisation half-day at St. George’s Park prior to the course start date.

APPLY FROM JULY 2015
THE FA YOUTH AWARD MODULE 1

Developing the Environment
The course will provide practical sessions and advice for coaches and will increase the candidate’s knowledge of how to develop their coaching to incorporate The FA 4 Corner Model. The course will cover technical development and in the physical corner it will offer FUNdamental ideas for the coach to use, as well as suggested activities for the development of football-specific movements. The important social and psychological development of the young player is also examined.

Who is it for?
Aimed at coaches from all levels who wish to extend their knowledge of coaching in respect of developing appropriate learning environments. There are generic strands relating to teaching and learning, motivation and self-esteem that are suitable for most coaches.

Course assessment
The course has a formative assessment. This includes planning, delivery and evaluation of a practice. Candidates receive an action plan as a result of the observations made by the tutor.

Course content
The course will introduce some key aspects in the following:
- The importance of the social corner and how it links with the four corners
- How players learn
- Motivation
- Self-esteem
- Managing mistakes
- Managing Physical, Technical, Social and Psychological differences
- Planning activity

Practical elements of the course will provide an introduction to:
- Physical corner FUNdamental warm ups
- Practical activities and games

“...The course has given me more confidence and will help me develop my training sessions to deal more positively with players, officials and parents.”

YAM 1 candidate

THE FA YOUTH AWARD MODULE 2

Developing the Practice
This course will provide candidates with the chance to improve their knowledge and confidence in a range of key issues around developing and understanding practice. The course introduces a number of generic strands applicable to all players, regardless of age, and these are consolidated during Module 3.

Who is it for?
Coaches involved in youth football development from grassroots to professional level.

Course content
Workshops will consider:
- Age and maturity issues
- Different types of practice and the advantages and disadvantages of each
- Unopposed and opposed practice development
- Dealing with talented players
- Planning and evaluating issues

Course assessment
The course has a formative assessment. This includes planning, delivery and evaluation of a practice. Candidates receive an action plan as a result of the observations made by the tutor.

Pre-course task
Candidates will receive a pre-course reading pack three weeks prior to the course, which they are required to read in advance.

Course pre-requisites
- Be at least 16 years of age
- Hold a valid FA 4th4sport Level 1 Award in Coaching Football or higher (including a current FA Emergency Aid plus an FA Safeguarding Children in Football workshop certificate)
- Hold a valid FA Youth Award Module 1 Certificate
- Must be a member of The FA Licensed Coaches’ Club
Who is it for?

Module 3 is designed to support the development of coaches who currently work (or who have a realistic opportunity of working on a consistent basis) with a group of youth players within the performance or elite levels of the game.

Course assessment

There is an option to undertake an assessment at the conclusion of this module to examine the understanding and application of all the key elements included within Modules 1 and 2 of The FA Youth Award. Opportunities will be made available to all eligible candidates throughout the year. Candidates will be required to return log books to FA Education at least four weeks prior to the date of final assessment. Candidates will be required to bring players to the practical assessment at a regional venue.

Course content

Workshops will consider:

- Practice and multiple outcomes
- “What the players say”
- Coaching styles and intervention strategies
- Planning and design
- “What the coaches say”

“Learning will greatly improve my thought process of planning and delivering sessions”

YAM 3 candidate
On completion of Modules 1 and 2 of The FA Youth Award, candidates will be issued with a certificate of attendance to identify that they have completed the formal courses of training. For Module 3, the certificate of attendance will be issued when the candidate has completed the course of training and returned their log book for it to be reviewed and signed off.

Candidates who subsequently wish to submit themselves for assessment for the full FA Youth Award will then be required to register through FA Education, selecting a date from those listed. All assessment opportunities will be advertised on The FA Education website. Please contact FALearningSupport@TheFA.com for further information.

For the purposes of assessment, candidates will be required to conduct coaching sessions with their own group of players or team.

Candidates must provide the venue and players. Please contact your course co-ordinator in FA Education to organise an assessment.

The cost is included in that of the Module 3 and it should be noted that no refund will be made where candidates choose not to submit themselves for assessment. There is a charge of £150 for reassessments.

Course assessment

The assessment process for The FA Youth Award is as follows:

Before the assessment day
- On receiving the candidate pack from FA Education the assessor will read and assess the ten sessions candidates are required to complete. The log book will then be given a mark out of 30. The pass mark required is 25.
- The assessor will also decide which two out of the ten sessions they require to see presented practically and draw up questions associated with those sessions to ask the candidate prior to the practical sessions taking place on the assessment day.

On the assessment day
- The assessment will be divided into three parts of two hours.
- Prior to the practical sessions, the assessor will inform candidates of the two practical sessions to be presented with the players.
- The assessor will then ask the candidate the ‘bridging’ questions associated with the sessions. The assessor takes the candidate’s responses but makes no comment. This process will take approximately 20 minutes. The candidate will then have 10 minutes to prepare their first practical session.
- The practical session is marked out of 50 with a pass mark of 30. However, if two corresponding boxes are not achieved (for example, communicate positively and clearly throughout) and not ticked in either of the sessions a candidate will not pass.
- After the first practical session the assessor may advise the candidate as to aspects of the practical assessment criteria they are concerned about and wish to see more of in the second session.
- If through circumstance the candidate is unable to clearly show these criteria the assessor may ask the candidate a question after the second session to clarify a candidate’s knowledge.
- The practical session should take a maximum of 60 minutes (i.e. 2 x 25-minute sessions plus set up time).
- After the practical is complete there is an oral interview where the assessor will ask the candidate five questions associated with The FA Youth Award Modules 1, 2 and 3 and four marks will be allocated to each question. Candidates must achieve 10 marks out of a possible 20 to pass.
- In order to pass The FA Youth Award Assessment, candidates must achieve a total score of 65 out of a possible 100 marks but cannot fall below the pass mark in any of the three sections (i.e. logbook, practical or oral interview).
- Overall failure (a mark of below 65) will require total reassessment. Failure in any of the three sections (e.g. logbook) will mean reassessment in that section only. Candidates will be given their results and an action plan going forward at the end of the assessment process.
THE FA ADVANCED YOUTH AWARD

The newly developed FA Advanced Youth Award has been constructed to fulfil the A Licence equivalent in the youth coaching domain. It aims to create master coaches who are able to work at the highest level within the specific age phases: Foundation (5-11), Youth Development (12-16) and Professional Development (17-21).

Who is it for?
The FA Advanced Youth Award is designed to support the development of coaches who have achieved the full FA Youth Award and are working, or who have a realistic opportunity of working, on a consistent and intensive basis with elite youth players.

Course description
This newly developed FA Advanced Youth Award has been constructed to fulfil the A Licence equivalent in the youth coaching domain. It aims to create highly effective coaches who are able to work at elite level across all positions including the goalkeepers, within the specific age phases:
- Foundation: 5-11
- Youth Development: 12-16
- Professional Development: 17-21

This course will focus upon the integration of The FA 4 Corner and LTDP Model and recognise the importance of the physical, social and psychological disciplines in underpinning the technical and tactical programme.

To enhance the nature of this course, coaches will undertake a variety of tasks related to the above and experience a range of taught sessions, practical work, distance learning and individualised support to consolidate all areas.

Course aims:
- Have a deeper understanding of the impact of the four corners on player development
- Have a greater understanding of how to apply your knowledge to the individual needs of the players in your care
- Be able to link your practice more closely to the demands of the LTDP process

Part 2: Age specific corner learning outcomes
This will be delivered within individual age specific phases. The focus will vary much be on the integration of all areas to underpin the technical development of players.

Social corner learning outcomes:
Produce players who:
- Are well behaved
- Are good learners
- Recognise team importance
- Can manage relationships
- Demonstrate independence

Psychological corner learning outcomes:
- Understand mental toughness. The application of psychological components to both on-pitch and off-pitch player development
- Profiling the 5 C’s - Concentration, Confidence, Control, Communication, Commitment
- Strive to develop young players game understanding around the principles of the game and its technical and tactical demands

Physical corner learning outcomes:
- Background. The developing footballer - Physiological Challenges
- Growth and Development. Overview of physiology of growth and development across all physiological systems. What this means for athletic preparation and performance in football
- Leading and Monitoring. The training process: the importance of maturation and development. Growth and maturation and the changing exercise response
- The hows and whys of training monitoring
- Profiling - Performance profiles: the need for tracking important concepts of tracking player performance

Part 3: A coach developer blending the four corners
Technical and tactical outcomes:
- To understand how to develop:
  - A player centred approach to coaching
  - Appropriate coaching methods for the players they are working with and outcome they wish to achieve
  - A challenging environment to enable players to develop in any of the four corners
  - Strategies which can be employed by young players throughout their development

Part 4: Consolidation and assessment
This will be composed of the following three strands:
- Two club based coaching sessions drawn from selected coaching theme blocks in specific age phases – 50%
- An assessment of a block of your coaching programme together with four case studies – 30%
- A summative oral interview with questions selected from the expanded AYA matrix – 20%

Please note: candidates must present themselves for assessment within three years of registration on the course.

Course dates
Applications closed for 2015/16 season. To register interest for 2016/17 please email FALearningSupport@TheFA.com
“The main course outcome is for the coach to have a better understanding of the Technical, Tactical, Physical, Social and Psychological requirements needed to develop Goalkeepers at that specific level, the GK is a "part" of the team, not apart from the team”

Martin Thomas, England U21 Goalkeeper Coach and FA Head of Goalkeeping Coach Education
THE FA GOALKEEPING COACHING AWARD (LEVEL 1)

Who is it for?
This course is ideal for coaches who want to improve the performance of their goalkeepers. Learn how to develop and improve your goalkeeper’s technique and plan and prepare progressive technical practices. The course is delivered by goalkeeping tutors directly appointed by The FA.

Course content
The practical elements of the course will provide candidates with:
- Specific goalkeeping warm ups and cool downs
- Coaching basic individual techniques including footwork, the set position, handling techniques, diving saves (catching/deflecting/panning), dealing with 1v1 situations and crosses
- Understanding how to develop and improve the goalkeepers’ technique
- Planning and preparing progressive technical practices
- Maintaining the health and safety of the players and other coaches
- Maintaining the high standards of conduct to promote Association Football

The theoretical elements of the course will consolidate the key technical aspects of goalkeeping together with the Long Term Player Development (LTPD) model

Course fees
Contact your local County Football Association

Course duration
18 hours minimum or 3 days

Course pre-requisites
Prior to certification - Candidates are required to be at least 16 years of age. Hold a minimum current FA Emergency Aid Certificate and have attended The FA Safeguarding Children Workshop.

Who is it for?
The course is for candidates wanting to build on the skills learnt in the Level 1. The course teaches candidates how to understand and coach basic individual goalkeeping techniques. Coaches will gain a better understanding of how to plan and prepare progressive technical and skills practices, ensuring the health and safety of all. The practical elements include dealing with one on one situations and handling crosses.

Course assessment
Assessment is via successful practical delivery of a 15 minute goalkeeping coaching topic.

Reassessment: Candidates can be reassessed within a twelve month period from registration.

THE FA GOALKEEPING COACHING CERTIFICATE (LEVEL 2)

Who is it for?
The course is for candidates wanting to build on the skills learnt in the Level 1. The course teaches candidates how to understand and coach basic individual goalkeeping techniques. Coaches will gain a better understanding of how to plan and prepare progressive technical and skills practices, ensuring the health and safety of all. The practical elements include dealing with one on one situations and handling crosses.

Course content
The practical elements of the course will provide candidates with the following:
- Specific goalkeeping warm ups and cool downs
- Coaching basic individual goalkeeping techniques and skills including footwork, general handling techniques, shot stopping, dealing with crosses, and goalkeeper distribution and communication
- Understanding how to develop and improve goalkeeping skills/techniques
- Planning and preparing progressive skill/technical practices
- Maintaining the health and safety of the players and other coaches
- Maintaining the high standards of conduct to promote Association Football

The theoretical elements of the course will:
- Consolidate the key technical aspects of goalkeeping together with the role of the Goalkeeper Coach
- The development of young goalkeepers
- A consideration of growth and development

Course fees
Contact your local County Football Association

Course duration
18 hours minimum or 3 days

Course pre-requisites
1st4Sport Level 2 Certificate in Coaching Football

Course assessment
Assessment is via successful practical delivery of a 20 minute goalkeeping coaching topic.

Reassessment: Candidates can be reassessed within a 24 month period from registration.
THE FA GOALKEEPING B LICENCE

Who is it for?
Holders of The FA UEFA B Licence or equivalent who wish to coach and develop goalkeepers at the levels:
- Football League/ Premier League Academies
- Elite youth goalkeepers

Course fees
FA Licensed Coaches’ Club member price - £1,295 incl. VAT
Non member price - £1,450 incl. VAT

Course content
Practical demonstrations include:
- Warm-ups and cool-downs
- Footwork
- General handling techniques
- Shot-stopping/narrowing the angle 1v1
- Dealing with crosses
- Distribution techniques and principles
- Support and communication

Theory includes:
- The role of the goalkeeping coach
- The development of young goalkeepers
- Performance analysis of the goalkeeper
- Goalkeeping injury audit conditioning for goalkeepers (practical)
- Goalkeeping psychology
- Growth and development

Observed coaching practice includes:
- 1 x 25 minute session functional practice
- 1 x 25 minute session small-sided game or phase of play
- Oral interview 30 minutes

Course dates
Code | Date | Venue
CGKB15 | 6 - 11 June 2016 | St. George’s Park
CGKB16 | 20 - 25 June 2016 | St. George’s Park

Every aspect of the course was thought provoking and made you access the way you coached and how you can improve

Goalkeeping B Licence candidate

THE FA GOALKEEPING A LICENCE

Who is it for?
Holders of The FA UEFA B Licence who wish to coach and develop goalkeepers at the levels below:
- Football League Centres of Excellence
- Football League Academies
- Premier League Academies
- Semi professional Development Centres
- Representative level schools / youth

Course fees
FA Licensed Coaches’ Club member price - £1,295 incl. VAT
Non member price - £1,485 incl. VAT

Course content
Practical demonstrations include:
- Advanced technical training
- Coaching in the game
- Developing the goalkeeper’s role: Attack/Defence/Transition
- Conditioning for goalkeepers
- Fitness testing for goalkeepers
- Defending set pieces

Theory includes:
- Analysis of the goalkeeper in the game
- Goalkeeper profiling
- Current trends in goalkeeping
- The role of the goalkeeper coach
- The profile of the goalkeeper coach
- Talent Identification
- Scouting
- Managing the goalkeeper coaches environment
- Advanced physical preparation of the goalkeeper
- Periodization/Planning
- Mental preparation of goalkeepers
- Stress management of goalkeepers
- The goalkeeping staff working with other staff
- Training styles/decision making
- Individual/Team planning

Course dates
Block | Date | Venue
1 | 28 - 29 September 2015 | St. George’s Park
2 | 30 November - 1 December 2015 | St. George’s Park
3 | 1 - 2 February 2016 | St. George’s Park
4 | 25 - 26 April 2016 | St. George’s Park

"Every aspect of the course was thought provoking and made you access the way you coached and how you can improve"
THE FA DEVELOPING DEFENDERS

This course is designed to examine and develop the skills and mental processes of the modern defender. It will examine the role and responsibilities of the different defending positions and demonstrate the development of the athletic capabilities of the defender and the technical and tactical capabilities required for the game in the future. It features practices for the individual defender and for the defender working with others in units and the team defence. The course will also examine the different defensive strategies and tactics employed by teams operating at the highest levels of the game.

Who is it for?
Coaches seeking to enhance their knowledge on defensive position-specific practices.

Course content
Seven sessions (two theory, five practical) looking at:
- Roles and responsibilities of the centre-back and full-back in the modern game
- Positional, athletic and technical profiles for centre-backs and full-backs
- Practice and training content for developing defenders
- Skills central to producing excellent defenders
- Tracking and back-tracking
- Pressing and 1v1 roles
- Screenings and blocking passes/crosses
- Interceptions, spiking possession and containing opponents
- Major attacking skills
- Defending against central and flank attacks
- Defending centrally
- Defending against counter-attack
- Defending against crosses
- Methods
- Discussion and lecture
- DVD observation
- Practical sessions
- Athleticism (agility, acceleration, deceleration)
- Technical
- Tactical

Course dates

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<td>SPCD06</td>
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THE FA DEVELOPING MIDFIELDERS

This course has been designed to examine and develop the skills and different roles, responsibilities and tactical requirements of the modern midfielder. The course will cover the technical, tactical, athletic and psychological necessities for the midfielder player and this will be undertaken in both classroom and practical coaching sessions.

Who is it for?
Coaches seeking to enhance their knowledge on midfield position-specific practices.

Course content
Seven sessions (two theory, five practical) looking at:
- Roles and responsibilities of the central midfield player in the modern game
- Positional, athletic and technical profiles for central midfield players
- Practice and training content for developing midfield players
- Skills that are central to producing excellent midfield players
- Support, positioning and movement
- Tracking with the ball
- Defending against central and flank attacks
- Defending centrally
- Defending against counter-attack
- Defending against crosses
- Methods
- Discussion and lecture
- DVD observation
- Practical sessions
- Athleticism (agility, acceleration, deceleration)
- Technical
- Tactical

Course dates

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“This course had reinforced my coaching philosophy and approach, and has encouraged me to continue on my current coaching path. Excellent variety of coaches delivering, providing useful sessions and advice”

Developing Midfielders candidate 2014
THE FA DEVELOPING FORWARDS

This course has been designed to examine and develop the necessary capabilities of forward players in the modern game. It aims to identify the different roles and responsibilities of forwards and the complementary tactical and technical skills necessary to perform successfully. The development of athletic and psychological skills will also be covered. Practice for the individual forward, forwards working in tandem and the functioning of forward players in team play will be featured.

Who is it for?

Coaches seeking to enhance their knowledge on forward position-specific practices.

Course content

Seven sessions (two theory, five practical) looking at:

- Skills that are central to producing excellent attacking players
- Interchanges of position and roles with others
- Receiving the ball and varied use of the first contact
- Protecting the ball and escaping from pressure
- Intelligent movement and running in and around the penalty box
- Defending skills
- Striking at goal – varied skills and circumstances
- Positioning and predicting play
- Screening intended passes from opponents
- Pressing and tracking opponents
- Methods
- Discussion and lecture
- DVD observation
- Positioning and individual movement to receive passes
- Practical sessions
- Athleticism (agility, acceleration, deceleration)
- Technical
- Tactical

Course dates

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Course fees

FA Licensed Coaches’ Club member price - £410 incl. VAT
Non member price - £535 incl. VAT

Course pre-requisites

The FA UEFA B Licence (or equivalent)
Part 1 and Part 2

Pre-course task

Candidates need to complete a pre-course self-reflection task. This will be assigned to all successful applicants approximately one month prior to the course start date.
THE FA COACHING FUTSAL: LEVEL 1

Course description
Learn about the UEFA and FIFA approved small-sided game. On this course you will be taught the Futsal Laws of the Game and the six basic technical strands of Futsal. You will also understand how to organise and appreciate the fitness demands of the game.

Course aims and objectives
The aim of this course is to provide candidates with an understanding of the techniques and skills related to the game of Futsal. This course will help candidates organise and deliver basic Futsal practices. It will also provide candidates with an introduction to the structure of the game, the laws and the role Futsal can play in developing underlying techniques and skills.

Course content
Theory:
- Develop an appreciation and understanding of the basic techniques related to coaching Futsal
- Demonstrate an understanding of the underlying fundamental principles related to the game of Futsal
- Display a basic understanding of the Futsal Laws of the Game
- Develop an understanding of Futsal as a standalone game in its own right and the significant variances from conventional 5-a-side
- Develop an awareness of the part Futsal can play in the development of young players

Practical involvement:
- Candidates will be encouraged to participate practically to maximise their opportunities for learning (however inability to participate will not prevent successful completion of the award)

Who is it for?
This course is for individuals wishing to understand more about the three core strands of Futsal: defending, attacking and counter-attacking/ transitional play.

Course assessment
Following days one and two of the course, there is a six week period where the candidate can deliver log (in their candidate pack) and review sessions in the three areas (attacking, defending and counter-attacking). When returning on days three and four, and the assessment for the course, one of these sessions is chosen by the tutor for the coach to deliver and be assessed.

Course aims and objectives
The aim of this course is to help candidates see how the Futsal techniques and skills from the Level 1 (Beginner’s Guide to Coaching Futsal) course can be integrated into more game like activities. The course will help candidates organise and deliver game related Futsal practices based across the three core strands. This will be done by utilising a number of different coaching methods/techniques. It will also provide candidates with an introduction to the structure of team play, the laws of Futsal and the role of Futsal can play in developing all of our young players.

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*Formerly known as ‘The Beginners Guide to Coaching Futsal

THE FA COACHING FUTSAL: LEVEL 2

Course content
- Develop an appreciation and understanding of the application of the basic techniques of Futsal within game play
- Demonstrate an understanding of the underlying core strands of Futsal: defending, attacking and counter-attacking/ transitional play
- Develop a better understanding of Futsal as a stand-alone game in its own right and the significant variances from conventional five-a-side
- Show an awareness of the part Futsal can play in the development of young players
- Reinforce the different coaching interactions possible when coaching players

Who is it for?
This course is for individuals wishing to understand more about the three core strands of Futsal: defending, attacking and counter-attacking/ transitional play.

Course assessment
Following days one and two of the course, there is a six week period where the candidate can deliver log (in their candidate pack) and review sessions in the three areas (attacking, defending and counter-attacking). When returning on days three and four, and the assessment for the course, one of these sessions is chosen by the tutor for the coach to deliver and be assessed.

Course aims and objectives
The aim of this course is to help candidates see how the Futsal techniques and skills from the Level 1 (Beginner’s Guide to Coaching Futsal) course can be integrated into more game like activities. The course will help candidates organise and deliver game related Futsal practices based across the three core strands. This will be done by utilising a number of different coaching methods/techniques. It will also provide candidates with an introduction to the structure of team play, the laws of Futsal and the role of Futsal can play in developing all of our young players.

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*Formerly known as Futsal Level 1

Who is it for?
This course is for individuals wishing to understand more about the three core strands of Futsal: defending, attacking and counter-attacking/ transitional play.

Course assessment
Following days one and two of the course, there is a six week period where the candidate can deliver log (in their candidate pack) and review sessions in the three areas (attacking, defending and counter-attacking). When returning on days three and four, and the assessment for the course, one of these sessions is chosen by the tutor for the coach to deliver and be assessed.

Course aims and objectives
The aim of this course is to help candidates see how the Futsal techniques and skills from the Level 1 (Beginner’s Guide to Coaching Futsal) course can be integrated into more game like activities. The course will help candidates organise and deliver game related Futsal practices based across the three core strands. This will be done by utilising a number of different coaching methods/techniques. It will also provide candidates with an introduction to the structure of team play, the laws of Futsal and the role of Futsal can play in developing all of our young players.

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COACHING PLAYERS WITH DISABILITIES

Course aims and objectives
The courses are designed to give football coaches and teachers ideas and practices for the inclusion of disabled/ deaf or blind players in football sessions, whether in mainstream or impairment specific sessions.

The FA Coaching Disabled Footballers Course – teaches coaches to apply coaching skills to meet the needs of players with different impairments. The course establishes basic communication skills for coaching disabled footballers, using appropriate terminology.

The FA Coaching Blind Footballers – course is designed to provide football coaches with an introduction to working effectively and confidently with blind footballers. Our experienced team of FA qualified tutors provide a quality service designed to support candidates through the course ensuring that individual needs are catered for.

The FA Coaching Deaf Footballers – course will provide an introduction to the organisation and delivery of safe and enjoyable coaching sessions for deaf players. It is ideally suited to those working with groups of young players and/or teams.

Course fees
Contact your local County Football Association

Course duration
6 hours - one day

Course pre-requisites
• 1st4sport Level 1 Certificate in Coaching Football

“The course influenced me by giving me more of an insight into the various disability groups. I now have more confidence to coach varying levels within the disability set up.”

Coaching Disabled Footballers candidate
The FA Referee Course provides the introduction to officiating in football. The course will introduce the learner to The Laws of Association Football and their application delivered through theory and practical elements, outlining the skills required to operate as a match official in grassroots football.

Course aims and objectives
To provide the learners with an introduction to the principles of officiating, delivering five modules of training around the laws, application and practical delivery on the training ground and through officiating a minimum of five matches. The course includes a Module 5 which is a three hour workshop covering their experiences and detailing what happens next.

Practical involvement
Candidates will be encouraged to participate practically to maximise their opportunities for learning (however inability to participate will not prevent successful completion of the course).

Course pre-requisites
Prior to certification, candidates are required to:
• Be at least 14 years of age
• Have attended The FA Safeguarding Children Workshop (candidates under the age of 18 years are eligible to complete The FA Child Protection Distance Learning Module ‘Safeguarding Children in Football – A Guide’ as an alternative to the workshop)
• Hold a current FA CRC (where applicable)

The above pre-requisites, for those who do not already hold the appropriate evidence, will normally be provided by recognised centres as part of the learning programme.

Course content
Theory
The course will introduce some key aspects in the following:
• Introduction to officiating
• Assessment of knowledge
• Foul and misconducts
• Written examination
• Theory DVD

The course will also provide (as separately organised workshops) the following for candidates:
• FA CRC
• FA Safeguarding Children in Football

Practical
Practical elements of the course will provide an introduction to:
• Module 2 – application of law
• Practical skills and attributes

Course description
This course is designed to provide basic training for those planning to referee Mini Soccer and will focus on four key areas:
• Understanding your role in Mini Soccer
• Developing your role – practical application of the laws
• The realities of your role – dealing with players, coaches and parents
• Your role as an educator

Course aims and objectives
To provide learners with an introduction to refereeing, identifying the skills required to effectively referee games of Mini Soccer. Following the initial four Modules the candidates will be expected to referee a minimum of three games before returning for a review session during which their knowledge of law will be assessed.

Practical involvement
Candidates will be encouraged to participate practically to maximise their opportunities for learning (the qualification cannot be completed unless the three games are officiated).

Course pre-requisites
Prior to certification, candidates are required to:
• Be at least 14 years of age

Course content
Module one
• Understanding your role
• Introduction to the course
• The ethos of mini soccer
• Role and responsibilities
• What the qualification is

Module two
• Developing you role
• Helping to create an appropriate and safe learning environment
• Application of points of law
• Demonstrating match day skills

Module three
• The realities of your role
• Working with players, coaches and parents
• Managing situations

Module four
• Your role as an educator
• Applying the law as an educator
• Self reflection – developing your action plan

Next steps
• Practical experience
• Refereeing a minimum of three games
• Putting theory into practice

Module five
• Reviewing your role as a referee
• Opportunity to reflect on previous learning and experience
• Examination to confirm competence to qualify as a Mini Soccer Referee

Next steps
• Practical experience
• Refereeing a minimum of three games
• Putting theory into practice

Module five
• Reviewing your role as a referee
• Opportunity to reflect on previous learning and experience
• Examination to confirm competence to qualify as a Mini Soccer Referee
The Physical Performance Pathway consists of five distinct levels. Levels 1 and 2 will be geared towards the national game. These awards remain under development.

Levels 3 to 5 will be geared towards the professional game and will be delivered at St. George’s Park, The FA’s National Football Centre. The Level 3 Award is particularly relevant for individuals with aspirations of working in professional or semi-professional football as physical performance coaches, but is also highly applicable for technical coaches wishing to extend their understanding of modern approaches used to condition players to meet the demands of the modern game.

Level 4 of the Physical Performance Pathway aims to build upon the theoretical and practical knowledge acquired in Level 3 and will be particularly relevant for experienced practitioners within professional or semi-professional football wishing to further their understanding of contemporary approaches used to plan, monitor and evaluate physical conditioning programmes for high level players. The Level 4 Award is due to launch in October 2015.

The Level 5 Award is currently under preparation; this award will be the highest award for physical performance coaches and will be aimed at practitioners who can demonstrate extensive experience of working in professional clubs or as heads of departments.

Other Sports Science Courses

Throughout the season The FA Sports Science Department will run a variety of events and short courses enabling candidates to specialise in specific areas of sports science.

Proposed courses include:

- Long Term Player Development (LTPD) for Football
- Physiological Testing for Football
- Regeneration and Recovery for Football

The FA is excited to launch a new pathway of awards specifically designed for individuals with a particular interest in the physical preparation of football players. Following an extensive consultation process, the new pathway has been designed to provide candidates with the requisite theoretical and practical knowledge to support the delivery of physical conditioning programmes within grassroots and professional football.

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The Physical Performance Pathway consists of five distinct levels. Levels 1 and 2 will be geared towards the national game. Those awards remain under development.

Levels 3 to 5 will be geared towards the professional game and will be delivered at St. George’s Park, The FA’s National Football Centre. The Level 3 Award is particularly relevant for individuals with aspirations of working in professional or semi-professional football as physical performance coaches, but is also highly applicable for technical coaches wishing to extend their understanding of modern approaches used to condition players to meet the demands of the modern game.

Level 4 of the Physical Performance Pathway aims to build upon the theoretical and practical knowledge acquired in Level 3 and will be particularly relevant for experienced practitioners within professional or semi-professional football wishing to further their understanding of contemporary approaches used to plan, monitor and evaluate physical conditioning programmes for high level players. The Level 4 Award is due to launch in October 2015.

The Level 5 Award is currently under preparation; this award will be the highest award for physical performance coaches and will be aimed at practitioners who can demonstrate extensive experience of working in professional clubs or as heads of departments.

Other Sports Science Courses

Throughout the season The FA Sports Science Department will run a variety of events and short courses enabling candidates to specialise in specific areas of sports science.

Proposed courses include:

- Long Term Player Development (LTPD) for Football
- Physiological Testing for Football
- Regeneration and Recovery for Football

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THE FA EMERGENCY AID (EA) COURSE

The FA Emergency Aid course aims to provide the participant with the knowledge, practical skills and confidence to be able to attend a conscious or unconscious casualty, ensuring that appropriate care is given until the emergency medical services arrive and takeover, or until an alternative healthcare professional(s) assumes responsibility for the casualty. It will offer basic advice on how to limit the effects of injury and promote recovery.

Who is it for?
The course is for individuals, e.g. team managers, coaches, teachers, parents, volunteers and others, who have the responsibility for the provision of basic life support.

It is highly recommended that course participants undertake The FA Basic First Aid for Sport (BFAS) course to complement the skills they acquire during this course. Accreditation of prior learning (APL) is awarded for the Emergency Aid component of the BFAS course (providing the BFAS course is undertaken within six months of completion of the Emergency Aid course).

Course content
- Principles of first aid
- Emergency action planning
- Reacting to an incident/approaching a casualty
- Primary survey/secondary survey
- The recovery position
- Cardiac arrest
- Basic Life Support (BLS)
- Cardio-Pulmonary Resuscitation (CPR)
- Use of Automated External Defibrillators (AED’s)
- Choking
- Asthma
- Head injuries
- After an emergency incident

Currency of qualification
- Due to the nature and responsibility associated with first aid provision, and in line with current UK guidelines, the currency of this certificate for use as a first aid qualification will be limited to three years.
- It is strongly advised that The FA Emergency Aid Course is undertaken on an annual basis as a form of ‘refresher’ training.

THE FA BASIC FIRST AID FOR SPORT (BFAS) COURSE

The FA Basic First Aid for Sport course is a foundation sports first aid course and the recommended minimum qualification for any person providing pitchside support of sports activities.

Who is it for?
The BFAS course is for individuals, specifically team managers, coaches, teachers, parents, volunteers and others, who (in the absence of professional first aiders) have the responsibility for the provision of pitchside/on-field first aid when supporting sports activities.

The course is designed to provide participants with an understanding of:
- General duties and responsibilities of a sports first aider
- Common football/sports injuries
- Basic knowledge, skills and attitude necessary to recognise and differentiate major from minor injury
- Ability to administer basic first aid to a casualty engaged in sports activity

Course content
- Principles/practical ethics of first aid
- Emergency action planning
- Reacting to an incident/approaching a casualty
- Primary survey/secondary survey
- The recovery position
- Cardiac arrest
- Basic Life Support (BLS)
- Cardio-Pulmonary Resuscitation (CPR)
- Use of Automated External Defibrillators (AED’s)
- Choking
- Severe external/ internal bleeding
- Shock
- Fractures/ dislocations
- Sprains/ strains/ contusions
- Head/spinal injury
- Anaphylaxis
- Asthma
- Hypothermia
- Cramp
- The on-field injury assessment process
- First aid kit contents
- Participant assessment

Currency of qualification
- Due to the nature and responsibility associated with first aid provision, and in line with current UK guidelines, the currency of the BFAS certificate for use as a first aid qualification will be limited to three years.
- To remain qualified and in date the holder must complete a further BFAS course within the final three months prior to expiry of the qualification.
- It is recommended, and is considered to be best practice, that the BFAS course is undertaken on an annual basis as a form of ‘refresher’ training.
THE FA INTERMEDIATE FIRST AID FOR SPORT (IFAS) COURSE

The FA Intermediate First Aid for Sport course is a training programme for healthcare professionals who are responsible for the pre-hospital management of the individuals in sports environments and particularly for practitioners who may be working in isolation without immediate access to medical support and first aid provision.

Who is it for?
The IFAS course is for graduate and undergraduate physiotherapists, sports therapists, sports rehabilitators and allied medical personnel (massaeurs, fitness trainers, osteopaths, chiropractors, sports scientists, gym instructors), who are responsible for the management of the individuals in sports environments. It is also applicable for doctors.

Course content
- First aid principles/practice/ethics
- First aider roles and responsibilities
- Medical/legal issues
- Injury prevention/risk assessment
- Emergency action planning
- Primary survey/secondary survey
- ‘Log rolls’
- Cardiac arrest
- Basic Life Support (BLS)
- Use of Automated External Defibrillators (AED)
- Fractures/dislocations
- Sprains/strains/contusions
- Head injury
- Spinal injury
- Maxillo-facial injury
- Chest injury
- Abdominal injury
- Anaphylaxis
- Asthma
- Hypothermia
- Cramp
- Shock
- The on-field injury assessment process
- Use of splints
- First aid kit contents
- Participant assessment – CPR/AED/MCQ/Viva Voce

Course dates

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<td>28-29 June 2016</td>
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Course duration
Two days

Course fees
£270 incl. VAT

Course pre-requisites
As a minimum, participants must be a student/university engaged in medical or allied healthcare professional training.

Currency of qualification
- Due to the nature and responsibility associated with first aid provision, and in line with current UK guidelines, the currency of the IFAS certificate for use as a first aid qualification will be limited to three years.
- To remain qualified and in date the holder must complete a further IFAS course within the final three months prior to expiry of the qualification.
- It is recommended, and is considered to be best practice, that the IFAS course is undertaken on an annual basis as a form of refresher training.

CLICK TO APPLY
THE FA ADVANCED RESUSCITATION AND EMERGENCY AID (AREA) COURSE

The FA Advanced Resuscitation and Emergency Aid course is a training programme which is designed to address the needs of doctors and physiotherapists who are primarily responsible for the pre-hospital management of the acutely injured/ill athlete in a sports environment.

It is a highly practical and interactive course which develops essential core and extended skills through a series of skill stations and rapid practice scenarios. The course is accredited with Faculty of Immediate Medical Care at the Royal College of Surgeons (Edinburgh). The course is delivered on a regional basis in professional football clubs and at St. George’s Park. Requests for delivery from professional football clubs and sports environments outside England would be considered.

Who is it for?
The AREA course is for graduate doctors and physiotherapists.

Course content
- Emergency action planning
- Screen assessment
- Cardiac arrest
- Spinal injury
- ‘Log roll’
- Primary survey/secondary survey
- Basic Life Support (BLS)
- Use of Automated External Defibrillators (AED)
- Advanced Life Support (ALS)
- Advanced airway management
- Fractures
- Diarhoeas
- Head injury
- Maxillo-facial injury
- Chest injury
- Abdominal injury
- Shock
- Anaphylaxis
- Choking
- Rapid take downs
- Moving an injured player
- Spinal packaging
- Use of splint devices
- Use of splints
- Participant assessment – MCQ/practical

Course pre-requisites
- Doctors: GMC registration
- Physiotherapists: MCSP/ HPC registration

Currency of qualification
Due to the nature and responsibility associated with first aid provision, and in line with current UK guidelines, the currency of the AREA certificate for use as a first aid qualification will be limited to three years.

To remain qualified and in date the holder must as a minimum complete a further AREA course within the final three months prior to expiry of the qualification.

The course was at a very high standard - very useful in updating knowledge with the correct guidelines

AREA candidate

AREA RE-ACCREDITATION COURSE

The FA Advanced Resuscitation and Emergency Aid re-accreditation course is a training programme for individuals who have previously completed the two-day AREA course.

The course is a review of the AREA content, an update on changes in protocols and clinical procedures, and an opportunity to refresh practical clinical skills. It is recommended, and is considered to be best practice, that the re-accreditation course is undertaken on an annual basis, specifically at the one-year and two-year point following completion of the AREA course.

Who is it for?
The AREA (R) course is for graduate doctors and physiotherapists.

Course content
- Primary survey
- Advanced airway management
- Spinal management
- Basic Life Support (BLS)
- Use of Automated External Defibrillators (AED)
- Advanced Life Support (ALS)
- Orthopaedic management
- Moving casualties

Course dates

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<td>9 February 2016</td>
<td>St. George’s Park</td>
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<td>8 March 2016</td>
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<td>10 May 2016</td>
<td>St. George’s Park</td>
</tr>
<tr>
<td>AREAR37</td>
<td>12 July 2016</td>
<td>St. George’s Park</td>
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Currency of qualification
The FA AREA Re-accreditation course is a form of refresher training which is taken at the year one and year two point in a training cycle. The currency of the AREA Re-accreditation certificate for use as a first aid qualification is thus limited to one year.

> CLICK TO APPLY
THE FA APPLIED ANTHROPOMETRY FOR FOOTBALL

Anthropometry is the area of science concerned with the measurement of human body composition. It takes the measurement of the human body and determines its capabilities for function and movement in a range of settings.

The FA’s Applied Anthropometry for Football awards are designed to teach candidates standard methods by which to perform anthropometric measurements in a football context.

The awards are also structured to explore contemporary issues related to the application of anthropometry in player profiling and monitoring changes in body size and body composition which may have important implications on player performance and the planning of interventions.

The Applied Anthropometry for Football awards are highly applicable for Physical Performance Coaches, but are also relevant for Physiotherapists, Performance Nutritionists and Club Doctors, who may also have a particular interest in the consistent application of anthropometric measurements.

Course aims and learning objectives

Upon successful completion of the award, candidates should:

- know how to measure two basic anthropometric measurements, a number of breadths, girths and skinfolds with precision
- understand the fitness demands associated with football
- be industry relevant

The FA’s Applied Anthropometry for Football awards are structured in two levels. Level 1 teaches candidates how to perform two basic measurements and a number of breadth, girths, and skinfolds with precision. The Level 2 award teaches candidates how to perform a broader range of anthropometric variables but also to a higher degree of precision. Level 1 ISAK accreditation is a pre-requisite for registration onto the Level 2 award.

With successful completion of both the in course and post course assessment tasks, candidates will be awarded formal accreditation with ISAK (International Society for the Advancement of Kinanthropometry) as either a Level 1 or Level 2 Anthropometrist.

Course fees

£500 incl. VAT

Course dates

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<th>Code</th>
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<td>15–17 February 2016</td>
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<td>AAPL4</td>
<td>20–22 June 2016</td>
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> CLICK TO APPLY

THE FA PHYSICAL PERFORMANCE LEVEL 3 AWARD

The FA Physical Performance Level 3 Award is the first in a series of awards to be launched by The FA as part of its new Physical Performance Pathway. The Physical Performance Pathway is specifically designed for individuals with an interest in the physical preparation of football players, the pathway aims to provide candidates with the requisite theoretical and practical knowledge to support the delivery of physical conditioning programmes within grassroots and professional football.

Course aims and learning objectives

Upon successful completion of the award, candidates should:

- understand the fitness demands associated with football
- understand the fitness demands associated with football
- be industry relevant

The assessment strategy includes:

- Oral presentation: each candidate’s knowledge of nutrition will be assessed during an oral presentation that communicates their approach to developing a nutritional strategy for a relevant squad of players.
- Practical assessments: practical assessments are used to assess candidates understanding of important theoretical concepts that underpin the delivery of football specific training drills. The oral presentations and practical assessments will be conducted on the final residential meeting of the course.
- Log books: log books are used to evaluate your ability to plan and deliver training programmes as well as implement appropriate reflective strategies. The use of log books enables you to record the sessions that you complete relevant to this award and for this information to be subsequently analysed for the appropriateness of practice.

Case studies: the production of specific case studies associated with the recorded activities allows clear presentation of the planning, implementation and outcomes of your programmes.

Course fee

£1,370 incl. VAT

Course dates

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<th>Code</th>
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<th>Venue</th>
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<tr>
<td>PPCAL3</td>
<td>9 September 2016</td>
<td>St. George’s Park</td>
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> CLICK TO APPLY
This innovative programme has been developed through a partnership between The Football Association and the University of Birmingham. The overall aim of the programme is to enable exploration of the theoretical basis of exercise and sports medicine in general and football in particular, and its application to the development of a physiotherapist’s and doctor’s clinical reasoning.

**Course pre-requisites**

Admission to the programme is on the basis that you will have:

- Current registration with the Health Professions Council and the Chartered Society of Physiotherapy for physiotherapists
- Current registration with the General Medical Council, and evidence of appropriate professional indemnity for mentored practice within a football environment for doctors
- A BSc/BA Hons degree or equivalent. Evidence of equivalence of your qualification(s) to the UK educational system of awards can be found at www.naric.org.uk. The degree should normally be a first or upper second class Honours degree for physiotherapists and MBChB for doctors
- Two references and a transcript (CV not necessary)
- Satisfactory health declaration and immunisation record
- Supporting evidence of appropriate continuing professional development during this post qualification experience within a sporting context
- Two references and a transcript (CV not necessary)
- Documented evidence post qualification experience of practice
- Supporting evidence of appropriate continuing professional development
- Letter of support from employer
- Satisfactory current Criminal Record check
- Two references and a transcript (CV not necessary)
- Satisfactory health declaration and immunisation record

**Who is it for?**

The programme is aimed at physiotherapists and doctors either working within football medicine or interested in moving into football medicine.

**Course content**

The Postgraduate Diploma (PGDip) in Exercise and Sports Medicine (Football) is awarded with successful completion of six 20-credit masters level modules.

- Either Research Methods (Distance Learning) (20 credits) or Developing Evidence Based Practice (20 credits)
- Sports Medicine (Football) 1 (20 credits)
- Sports Medicine (Football) 2 (20 credits)
- Neuromuscular Adaption to Training (20 credits)
- Continuing Professional Development and Mentored Practice (20 credits)
- In addition, you will choose one option module to the value of 20 credits from within the College (subject to availability and viability).

The award of Master of Science (MSc) in Exercise and Sports Medicine (Football) will be awarded following successful completion of the Research Dissertation (60 credits) to provide a cumulative total of 180 M level credits.

**Course description**

Using the process of clinical reasoning as its framework, the programme will integrate the key issues central to practice in this specialist area, including: clinical assessment, communication skills, accurate diagnosis, differential diagnosis, diagnostics and prognostics, treatment interventions, management approaches, best evidence, evaluation of outcome, strategies to reduce injury time.

The programme will facilitate the evaluation of existing evidence through the exploration of the assessment and management of athletes. It will provide students with the opportunity to take their learning experience to meet their personal and professional needs, developing their capacity for leadership within a multidisciplinary team providing clinical management in football. The programme will promote enquiry based learning through a range of strategies including case analysis and problem based learning.

The programme is written in line with the international competencies and standards established by the International Federation of Sports Physiotherapists and the Specialty Training Curriculum for Sports and Exercise Medicine from the Joint Royal Colleges of Physicians Training Board, and in collaboration with The Football Association and physiotherapists and doctors working within football and other sporting contexts.

The specific aims of the programme are:

- To critically evaluate approaches and methodologies for researching the theoretical and practical issues relating to exercise and sports medicine with a focus on clinical practice within football
- To critically evaluate previous professional development and plan future development within the framework of contemporary exercise and sports medicine within football
- To use advanced clinical reasoning and clinical skills to enable optimal clinical effectiveness and holistic management of complex clinical presentations in athletes
- To develop a high level of clinical and research skills to enable leadership within a football medicine context
- To critically evaluate the scientific and clinical evidence of exercise and sports medicine in football
- To formulate a justifiable research design and conduct analytically an investigation to address a given problem
- To produce a written research report and presentation worthy of scrutiny in both academic and clinical settings

**Course fees**

UK/EU students - £TBC
Non UK/EU students - £TBC

**Course duration**

- MSc - Minimum 13 months, maximum six years
- PGDip - Minimum 10 months, maximum four years (minimum dates are determined by necessity of timetabling specialist modules off-season)

**Course assessment**

The programme is assessed through a range of methods including essay, extended essay, clinical case based viva, problem solving written analysis, via using portfolio of evidence, and a written and verbally presented research project.
THE FA PSYCHOLOGY AWARD LEVEL 2

Talent Development
The Level 2 course focuses on learning and talent development. It looks at what it takes to develop expertise in players and how you can best support this process. It starts by describing psychological development (motivation, perceptual and cognitive development, self-concept and confidence). It then shows how you can coach to meet these needs effectively (structuring practice, communication and coaching styles, managing problem behaviours) and enhance player development. If you've read Outliers, the Talent Code, or Bounce, this course is definitely for you.

Who is it for?
Learners will be those surrounding players, e.g. coaches, parents, teachers, sports scientists, physiotherapists and doctors in and around football.

Course content
- Psychological and perceptual development - decision making
- Motivation - developing growth mindsets
- Learning and refining skills (constant, variable, random practice, developing expertise)
- Social and environmental influences

Course dates
Code Date Venue
PSL222 4 - 6 April 2016 St. George's Park

THE FA PSYCHOLOGY AWARD LEVEL 3

Mental Toughness
This course is all about mental toughness. It provides you with a toolbox to help your players stay motivated, focused, and confident under pressure. The course looks first at the mental demands of the modern game and how to profile players mentally. It then sets up case studies of players through which the key mental skills are introduced in practical exercises. You'll get a chance to explore relaxation and imagery techniques, how to set goals effectively, how to manage self-talk and how to integrate concentration cues into practice. You'll work in groups on a case-study to improve the mental toughness of an individual player.

Who is it for?
Learners will be those figures surrounding players, so coaches, parents, teachers, sports scientists, physiotherapists and doctors who work in and around football.

Course content
- Psychological demands of the game
- Profiling players
- Developing mental skills: practical exercises
- Case studies

Course dates
Code Date Venue
PSL318 3 - 5 May 2016 St. George’s Park
THE FA PSYCHOLOGY AWARD LEVEL 4

Mental Skills on the Pitch
Building on the material at Level 3, this course looks at taking mental skills out onto the pitch in coaching sessions. The course is both theoretical and practical and shows you how to design sessions that integrate mental skills (communication, imagery, goal-setting, relaxation, focus) and give an added psychological return. You’ll work in groups on a scenario (e.g. team losing focus and conceding late goals) and deliver a practice to help to improve the team response.

Who is it for?
Learners will be those figures surrounding players, e.g. coaches, parents, teachers, sports scientists, physiotherapists and doctors who work in and around football.

Course content
- The 5C’s of Mental Toughness: Commitment, Confidence, Concentration, Communication, Emotional Control
- Developing the 5C’s on the pitch
- Team and individual scenarios

Course dates
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<td>26 - 29 June 2016</td>
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THE FA PSYCHOLOGY AWARD LEVEL 5

Advanced Team Preparation
The course will focus on some of the key psychological issues surrounding team management and preparation. Following the Pre-Licence format, workshops are delivered by a range of experienced psychologists/practitioners covering the following areas: Managing momentum during a game, team cohesion, developing trust, developing team confidence, building a team vision and culture, effective leadership, and structuring match-day. Course candidates are expected to draw from their own personal experience and practice in relation to these key theoretical areas and provoke interesting and stimulating debates.

Who is it for?
People surrounding players, coaches, parents, teachers, sports scientists, physiotherapists and doctors in and around football.

Pre-course task
- Candidates need to complete a pre-course self-reflection task. This will be assigned to all successful applicants one month prior to the course.
- Candidates will need to complete a postcourse reflective log. This will be assigned to all candidates during the course.

Course content
- Managing momentum
- Team cohesion
- Developing trust and team confidence
- Building a team vision and culture
- Effective leadership
- Structuring match-day

Course dates
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> CLICK TO APPLY

Course duration
Five days

Course fees
FA Licensed Coaches’ Club member price - £795 incl. VAT
Non member price - £890 incl. VAT

Course pre-requisites
Learners must be a minimum of 18 years old. There are no definitive pre-requisites for Psychology for Football Level 4 and acceptance onto the course is subject to FA Education approval. The following guidelines are for learners to determine which level is most suitable for their particular background. A current holder or someone who has enrolled to attend Psychology Level 3, or current holders of the InTouch Sport Level 3 Certificate in Coaching Football or The FA Youth Award Module 1 Developing the Environment.

Course pre-requisites
Learners must be at least 18 years of age and hold the Psychology for Football Level 4, The FA UEFA A Licence (or equivalent) or a degree in Sports Science/Psychology.

Course fees
FA Licensed Coaches’ Club member price - £795 incl. VAT
Non member price - £890 incl. VAT

Course pre-requisites
Learners must be a minimum of 18 years old. There are no definitive pre-requisites for Psychology Level 4 and acceptance onto the course is subject to FA Education approval. The following guidelines are for learners to determine which level is most suitable for their particular background: a current holder or someone who has enrolled to attend Psychology Level 3, or current holders of the 1st4sport Level 2 Certificate in Coaching Football or The FA Youth Award: Module 1 Developing the Environment.

> CLICK TO APPLY
THE FA SAFEGUARDING CHILDREN WORKSHOP

Course description
For everyone who works with young people, this workshop focuses on making football safe. The course teaches our football workforce to promote best practice to protect young people. Candidates will learn how to recognise signs and symptoms of abuse, and understand fears involved in these concerns.

Course aims and objectives
The workshop will raise your awareness and specifically help you to be able to:

- Identify and build on best practice in football
- Recognise signs of abuse and identify what behaviour causes concern
- Identify the actions to take if you have a concern and who can help
- Develop your action plan for change

Course content

Introduction
- Setting standards
- Your responsibilities
- Best Practice
- Introduction
- Identifying best practice
- Promoting best practice
- Reviewing your practice
- Changing behaviour
- Self-reflections

What is poor practice? What is abuse?

- Introduction
- Recognise poor practice and forms of abuse
- Recognising signs of poor practice and abuse
- Identifying what behaviour in football would give you cause for concern

What to do about poor practice and abuse?

- Identify why children do not tell others about poor practice or abuse
- Describe actions to take if concerned about the welfare of a young person
- Describe action to take if a young/ person discloses information to you about possible poor practice or abuse

What next?

- Reflect on what you have learnt or experienced
- Reflect on your current practice
- Taking action: for you, your club, team or organisation
- Taking action for yourself

This is an interactive course and participants should expect to be involved with group work as well as individual reflections on practice.

The course will cover some sensitive material.

“An excellent and very enlightening course in which I learnt a lot about how to protect myself and the children under my supervision. The tutors were both very knowledgeable and friendly.”

Safeguarding Children Workshop candidate

THE FA WELFARE OFFICER WORKSHOP

Course description
This three hour workshop is mandatory for anyone taking on the role of Welfare Officer for their grassroots club or league. This workshop builds on the Safeguarding Children Workshop providing Welfare Officers with the specifics of their role; what will be required of them, where to go for professional support and guidance and how to access more information. It provides the key tools to carry out the Welfare Officer role. This workshop is interactive and learners should anticipate being involved in a number of group activities.

Course content

Introduction and outcomes
- Workshop outcomes
- Learning agreement

Qualities of a Welfare Officer
- Identifying the qualities of a Welfare Officer
- Recognising personal skill sets
- Exploring and identifying the key Welfare Officer responsibilities

Safeguarding building blocks
- Identifying and exploring what needs to be in place for clubs and leagues to demonstrate best practice in relation to safeguarding children
- Identifying resources to assist clubs and leagues to develop a safe and aware environment including social media guidance
- Listening to children

Key legislation
- Recognising that key safeguarding legislation impacts on football
- Understanding the background to the development of The FA’s Policy and Procedures

The statutory agencies and designated person infrastructure
- Exploring the key roles and responsibilities of the statutory agencies
- Clarifying the roles and responsibilities of the Welfare Officer and other designated persons within football

Responsible recruitment
- Discussing the need for safeguarding recruitment procedures
- Explaining what appropriate safeguarding checks [CRC] are required
- Describing The FA’s Online Safeguarding Service

Concerns and cases
- Dealing with a disclosure
- Dealing with a concern about the welfare of a young person
- Exploring poor practice issues that clubs need to manage internally
- Identifying the organisations that can support Welfare Officers

Action planning
- Making an individual action plan

Course Aims and Objectives
At the end of the workshop learners will be able to:

- Identify what needs to be in place for clubs/ leagues to effectively safeguard and protect children
- Describe their roles and responsibilities and those of other designated persons in grassroots football
- Act on reported concerns about poor practice and abuse within or outside football
- Begin an action plan for their club/league
THE FA DEVELOPING THE DEVELOPERS

Developing the Developers is a three day programme that was previously known as Generic Tutor Training. It is intended for all FA Tutors who deliver on FA Education courses as well as anyone that takes on the role of developing others within a football environment and is aimed at supporting and developing the teachers of our game.

Through this programme attendees will gain a full understanding of The FA’s Approach to Learning, The FA’s Philosophy and Methodology as we hope to equip a generation of tutors and developers who can exert positive influence on the delivery of FA Education programmes in the future.

As a participant you will benefit from:

• An intensive training programme designed around modern learning methodology
• Structured opportunities to reflect on your own professional practice and the applications of modern learning to the design of development and training experiences
• Access to modern training and presentation techniques
• Opportunities to re-design your own training programmes using a cycle for learning
• Access to up to date work on human development and learning
• Use of a specially commissioned course manual with copyright free resources

Who is it for?

This course is a pre-requisite to become an FA Licensed Tutor and forms part of The FA’s 6 step tutor training process. Attending this course does not qualify you to be an FA Licensed Tutor but it is open to the general public who may have aspirations of tutoring in the future.

Course assessment

Attendees should be prepared to take part in all group work throughout the three days as well as design and deliver a short presentation at the end of the training.

FOOTBALL INDUSTRIES MBA (FIMBA)

Who is it for?

The programme is aimed at professionals wishing to pursue or enhance their career within the business of football.

Course description

The Football Industries MBA (FIMBA) is a unique qualification, delivered in partnership with The National Football Centre, St. George’s Park. Focusing on the professionalism, business and marketing of the beautiful game and delivering high-calibre executives into the global football industry. If you want to work in football, with clubs, governing bodies or related marketing, media and sponsorship companies, this is the MBA programme for you.

The FIMBA programme is the top-ranked sports MBA in the UK and the top-ranked football master’s in the world (SportBusiness International’s, 2015 Postgraduate Sports Course Rankings).

The core elements of the programme – leadership, strategy, managing the environment, innovation, entrepreneurship, managing financial resources – are delivered in concentrated blocks to encourage a deeper understanding, with a strong emphasis on interactive teaching and learning.

The specialist football modules apply business concepts to modern football. You will gain a critical awareness of issues in football management, law, and marketing. Crucially, you will receive vocational training for the industry, including the ‘Becoming a Football Executive’ module and a ‘Sports Operations Management’ module currently run with the assistance of UEFA.

Course assessment

The course is assessed by means of coursework – essays, reports, group work, presentations – and written examinations. All students must complete a dissertation or work-based project.

“There are two key strengths to the course. The first is access to guest speakers from football clubs, football industry experts and governing bodies. The second is the chance to go and visit different professional clubs”

FIMBA candidate
DIGITAL SUPPORT – APPS, ONLINE COURSES AND MORE

Whether you’ve just completed your coaching qualification or are looking to further your understanding of the vocation, FA Education and St. George’s Park are providing you with lifelong learning and continuous professional development opportunities wherever you are.

Our new online learning portal, launching in late 2014, will be the new home of our digital courses. Our aim is to expand this suite of resources on a monthly basis, providing FA Licensed Coaches with plenty of opportunities to meet the scheme’s requirements as we do so. By December 2014 we expect to have over 12 courses available for coaches of all levels to complete, including:

- An updated and rebuilt Laws Of The Game course
- Three RESPECT courses – Parents and Carers, Coaches and Referees – in an easier to access format
- An updated Safeguarding Children Recertification course
- A new Safeguarding qualification for those under 16 years of age
- A completely redeveloped Level 1 Psychology qualification
- A new Introduction to Social Media course
- All of our existing Online CPD courses, designed especially for The FA Licensed Coaches’ Club Members of The FA Licensed Coaches’ Club also gain free access to The Boot Room: Digital Edition, a new resource containing both the grassroots and professional game coaching philosophies of The FA and hundreds of associated practices and videos. FA Licensed Coaches who take advantage of the free offer on The Boot Room: Digital Edition will also be able to gain an hour’s free CPD. Both of these apps are also available to purchase by anyone on iOS and Android devices.

We’re also continuing to support The FA Coach’s App, which now has thousands of FA and user-created practices for users to download from. Currently available on iPad, this is available to anyone to buy. We’re also providing FA Licensed Coaches who do purchase it are also able to access extra FA created practices at no additional cost.

The FA Licensed Coaches’ Club

PURPOSE

The England DNA is the start point for the creation of a world-class culture of elite player development that leads to winning England teams. It is a statement about the identity and character of England’s development teams and the men’s and women’s game and outlines our fundamental and distinctive characteristics both on and off the pitch, our values and standards of behaviour and the things we believe are important.

It is an opportunity to celebrate the pride in playing for England and to help create new perceptions of what it means to be an England player.

By communicating what we do and why, we hope to provide clarity and create relationships with all those involved in the development of English players at every level of the game.

PROCESS

Nearly 24 months ago, England’s group of national coaches - from both the men’s and women’s teams - sat down to discuss the future. The discussion centred on the make-up of the future England player and the characteristics necessary for a young player to progress from the England U15 teams into the England senior squad. It proved to be the start point for the England DNA project.

Over the next year and half discussions grew. Nearly 24 months ago, the England DNA was launched outlining a playing and coaching philosophy for England teams and a vision of the future England senior international. Here is a brief overview of the project and an insight into some of the content to be released throughout 2015.

The England DNA consists of 5 core elements:

- **WHO WE ARE**
  - The England DNA website will be released later in the year

- **HOW WE PLAY**
  - A comprehensive process of consultation and belief for those involved in the England DNA project.
  - The discussion centred on the make-up of the future England player and the characteristics necessary for a young player to progress from the England U15 teams into the England senior squad. It proved to be the start point for the England DNA project.
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- **THE FUTURE ENGLAND PLAYER**
  - The discussion centred on the make-up of the future England player and the characteristics necessary for a young player to progress from the England U15 teams into the England senior squad. It proved to be the start point for the England DNA project.
  - The discussion centred on the make-up of the future England player and the characteristics necessary for a young player to progress from the England U15 teams into the England senior squad. It proved to be the start point for the England DNA project.

- **HOW WE COACH**
  - The discussion centred on the make-up of the future England player and the characteristics necessary for a young player to progress from the England U15 teams into the England senior squad. It proved to be the start point for the England DNA project.
  - The discussion centred on the make-up of the future England player and the characteristics necessary for a young player to progress from the England U15 teams into the England senior squad. It proved to be the start point for the England DNA project.

- **HOW WE SUPPORT**
  - The discussion centred on the make-up of the future England player and the characteristics necessary for a young player to progress from the England U15 teams into the England senior squad. It proved to be the start point for the England DNA project.
  - The discussion centred on the make-up of the future England player and the characteristics necessary for a young player to progress from the England U15 teams into the England senior squad. It proved to be the start point for the England DNA project.

- **EVOLVING APPROACH**
  - The discussion centred on the make-up of the future England player and the characteristics necessary for a young player to progress from the England U15 teams into the England senior squad. It proved to be the start point for the England DNA project.
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FA Licensed Coaches’ Club
“The conference has reinvigorated my passion for coaching and the want to learn more. This is my first visit to St. George’s Park and I am very impressed. Now that I have returned to coach in the UK I have no doubt I will be a regular visitor to the venue over the coming months/years.”

FA Licensed Coaches’ Club Conference, December 2013
THE FA LICENSED COACHES’ CLUB

As an FA Licensed Coach you have access to a programme of exclusive learning events nationwide hosted by FA Coaches and Coach Educators. To become an FA Licensed Coach visit www.TheFA.com/coachesclub to check your qualifications are in date, and join for free.

National Conferences
Open to coaches of all levels, there will be three national events hosted this season: The Annual Conference, The Goalkeeper Conference, The Futsal Conference.
Hosted at St. George’s Park, The FA’s National Football Centre, these conferences provide the opportunity to observe top FA and elite coaches in action as well as giving you the chance to develop a network with fellow coaches.

The Annual Conference
5 - 7 December 2015

The Goalkeeper Conference
17 - 18 April 2016

The Futsal Conference
TBC

Regional Conferences
In addition to our CPD calendar, these conferences are delivered across nine venues throughout the country and build upon the theme of our national coaching conference. These one-day events are open to Level 1-3 Coaches.

CPD Events
Alongside our conferences, our team work with FA Coach Educators up and down the country to organise and deliver an extensive programme of CPD events.
These events provide opportunities throughout the season to fulfil your CPD hours, as well as to observe the practice of expert FA Coaches and develop a community of practice with other FA Licensed Coaches.

The FA Licensed Coaches’ Club by numbers:

37,630 members registered in 2014/15 season
150+ exclusive coaching video sessions available in the Masterclass Library
2,042 coaches attended our four national conferences
627,430 hours of Continuous Professional Development completed during 2014/15 season
Over 130,000 times during the 2014/15 season
Our Masterclasses were watched
6 new online courses were completed a total of 25,128 times in the first year
650+ coaches attended one of our nine Regional Conferences

The FA Licensed Coaches’ Club website was visited 530,000 times during the 2014/15 season generating over 2,511,000 page views

21% rise of female coaches joining The FA Licensed Coaches’ Club between 2013/14 and 2014/15 season
COUNTY FA CONTACTS

Amateur Football Alliance
www.amateurfa.com
Tel: 020 8733 2613

Army FA
www.armyfa.com
Tel: 020 8733 2613

Bedfordshire FA
www.bedfordshirefa.com
Tel: 01252 348571/4

Berkshire & Bucks FA
www.berkshire-bucksfa.com
Tel: 01582 565 111

Cambridgeshire FA
www.cambridgeshirefa.com
Tel: 0121 357 4278

Cambridge City Council
www.armyfa.com
Tel: 020 8733 2613

Cumberland FA
www.cumberlandfa.com
Tel: 01208 269 010

Cornwall FA
www.cornwallfa.com
Tel: 01606 871166

Cheshire FA
www.cheshirefa.com
Tel: 01223 209 020

Coventry FA
www.coventryfa.com
Tel: 01785 256 994

Derbyshire FA
www.derbyshirefa.com
Tel: 01900 872 310

Devon FA
www.devonfa.com
Tel: 01367 242 099

Durham FA
www.durhamfa.com
Tel: 01202 682 375

East Riding FA
www.eastridingfa.com
Tel: 0191 387 2929

Essex FA
www.essexfa.com
Tel: 01245 465 271

Gloucestershire FA
www.gloucesterchirefa.com
Tel: 01454 615 888

Hampshire FA
www.hampshirefa.com
Tel: 01256 853 000

Hertfordshire FA
www.hertfordshirefa.org.uk
Tel: 01432 342179

Huntingdonshire FA
www.huntingdonshirefa.com
Tel: 01462 679622

Ipswich FA
www.ipswichfa.com
Tel: 01473 647 292

Isle of Man FA
www.isleofmanfa.com
Tel: 01480 414 422

Kent FA
www.kentfa.com
Tel: 01534 449 765

Kent FA
www.kentfa.com
Tel: 01534 449 765

Lincolnshire FA
www.lincolnshirefa.com
Tel: 0116 286 7828

Lincolnshire FA
www.lincolnshirefa.com
Tel: 0116 286 7828

London FA
www.londonfa.com
Tel: 0870 774 3010

Manchester FA
www.manchesterfa.com
Tel: 0161 203 2990

Middlesex FA
www.middlesexfa.com
Tel: 020 8515 1919

Norfolk FA
www.norfolkfa.com
Tel: 01603 704 050

Northamptonshire FA
www.northamptonshirefa.com
Tel: 01604 670 741

North Riding FA
www.northridingfa.co.uk
Tel: 01642 717 770

Northumberland FA
www.northumberlandfa.com
Tel: 0191 270 0700

Nottinghamshire FA
www.nottinghamshirefa.com
Tel: 0115 983 7400

Oxfordshire FA
www.oxfordshirefa.com
Tel: 01993 778 586

RAF FA
www.raffootball.com
Tel: 01903 778 567

Royal Navy FA
www.royalnavyfa.com
Tel: 01993 895 559

Suffolk FA
www.suffolkfa.com
Tel: 01785 256 994

Staffordshire FA
www.staffordshirefa.com
Tel: 01785 256 994

Surrey FA
www.surreyfa.com
Tel: 01372 373 547

Westmorland FA
www.westmorlandfa.com
Tel: 01903 753 547

West Riding FA
www.westridingfa.co.uk
Tel: 01539 730 946

Wiltshire FA
www.wiltshirefa.com
Tel: 0113 282 1222

Worcester County FA
www.worcesterfa.com
Tel: 01905 827 117

Worcestershire FA
www.worcestershirefa.com
Tel: 01905 827 117

COUNTY FA CONTACTS

Devon FA
Tel: 01332 361 422

www.devonfa.com

Durham FA
Tel: 01202 682 375

www.durhamfa.com

East Riding FA
Tel: 0191 387 2929

www.eastridingfa.com

Essex FA
Tel: 01245 465 271

www.essexfa.com

Gloucestershire FA
Tel: 01454 615 888

www.gloucesterchirefa.com

Hampshire FA
Tel: 01256 853 000

www.hampshirefa.com

Hertfordshire FA
Tel: 01432 342179

www.hertfordshirefa.org.uk

Huntingdonshire FA
Tel: 01462 679622

www.huntingdonshirefa.com

Isle of Man FA
Tel: 01480 414 422

www.isleofmanfa.com

Kent FA
Tel: 01534 449 765

www.kentfa.com

Lincolnshire FA
Tel: 0116 286 7828

www.lincolnshirefa.com

London FA
Tel: 0870 774 3010

www.londonfa.com

Manchester FA
Tel: 0161 203 2990

www.manchesterfa.com

Middlesex FA
Tel: 020 8515 1919

www.middlesexfa.com

Norfolk FA
Tel: 01603 704 050

www.norfolkfa.com

Northumberland FA
Tel: 01604 670 741

www.northumberlandfa.com

North Riding FA
Tel: 01642 717 770

www.northridingfa.co.uk

Northumberland FA
Tel: 0191 270 0700

www.northumberlandfa.com

Nottinghamshire FA
Tel: 0115 983 7400

www.nottinghamshirefa.com

Oxfordshire FA
Tel: 01993 778 586

www.oxfordshirefa.com

RAF FA
Tel: 01903 778 567

www.raffootball.com

Royal Navy FA
Tel: 01993 895 559

www.royalnavyfa.com

Suffolk FA
Tel: 01473 647 292

www.suffolkfa.com

Staffordshire FA
Tel: 01785 256 994

www.staffordshirefa.com

Surrey FA
Tel: 01372 373 547

www.surreyfa.com

Westmorland FA
Tel: 01903 753 547

www.westmorlandfa.com

Wiltshire FA
Tel: 0113 282 1222

www.wiltshirefa.com

Worcester County FA
Tel: 01905 827 117

www.worcesterfa.com

NEW COURSES FOR 2015

FA Advanced Leadership in Talent Management Award
In February 2015 we will be launching the first course in the new Talent ID pathway. This course will be aimed at Academy Heads of Departments in Talent ID, and other staff who have a leadership role in their club’s Talent ID department. Candidates will develop a critical awareness of best practice in talent leadership both internal and external of the football industry and be able to understand and apply the requirements of an effective leader of a Talent ID department.

The FA Futsal UEFA B Licence
The new FA Futsal B Licence will provide candidates with a detailed understanding of how to prepare teams and individual players for Futsal matches. By the end of the course the candidate will be able to analyse games and develop a tactical plan to cater for the changing moments in a game. Candidates will also be able to develop individual and team programmes across all four corners of LTPD that are Futsal specific and develop linked sessions that will support individuals and groups.

The FA Futsal Referee Course
Futsal has developed rapidly in recent years and in order to mirror this growth, it is important that refereeing keeps pace with support for those wishing to officiate in the growing sport. As a result, a new Futsal specific linked course has been designed and will be launched in the 2015/16 season.
Football League Funding
Please note that Football League Funding is no longer available. Please contact your academy administrator should you require further information.

FA Education hotline
If you have any problems using TheFA.com, or in booking, please contact The FA Education support team by calling 0800 085 2012. They will be happy to help you. The FA Education Hotline is open Monday – Friday 08.30-17.00 (excluding bank holidays).

Cancellation policy
Cancellation within seven days of enrolment will result in a full refund. Should a candidate withdraw after seven days of enrolment, a refund will be made subject to a £30.00 administration deduction. Cancellations made less than eight weeks prior to the start of the course will be subject to an additional deduction of £20.00 per day of the intended course. For cancellations made less than 31 days prior to the start of the course, or if a candidate does not participate for the duration of the course, or is denied access to the UK for VISA purposes, the course fee will not be reimbursed, nor will you be able to defer to the next available course. FA Education may review individual cases in exceptional circumstances. Should a course be cancelled by FA Education, a full refund will be provided.

Observing a course
Courses are only available to candidates enrolling on a specific FA Education courses and admittance will not be provided to visitors or observers without prior agreement from FA Education.

For your information
• All courses are conducted in English
• Places on all courses are limited, and candidates are advised to apply early
• Where applicable, candidates must be fit for practical work on arrival at the course
• All candidates will be required to complete a medical declaration form before attending any of the courses. It is the candidate’s responsibility to declare any learning or medical conditions which may limit/hinder involvement or participation in their course
• Where applicable, candidates will be accommodated in single or twin rooms depending on availability at the relevant venue

FA Education equality policy
FA Education will ensure that it treats people fairly and with respect, and that it will provide access and opportunities for all members of the community to take part in, and enjoy, its activities in an atmosphere free from harassment, bullying, discrimination or abuse. FA Education will seek to provide a level of service that is appropriate to the needs of all individuals and to make reasonable adjustments or provide support where appropriate, to cater for those needs.

Steps of application – FA Number (FAN)
Individuals wishing to book onto an FA Education course will require a Football Association Number (FAN). Your FAN is unique, giving you access to exclusive areas of FA Education and TheFA.com. You can register for a FAN by visiting TheFA.com/FAN.

Steps of application booking
Visit TheFA.com/FAlearning, and click on ‘National Courses’
1. Browse the available courses and information
2. Log in with existing FAN and password, or register for a FAN by clicking Here.
   Please note: FA qualified coaches and FA Licensed Coaches’ Club members will already have a FAN. If you do not know yours, please click Here.
3. Follow the instructions on the online booking form
   Please note: this does not guarantee a place on the course
4. Reservation – applicants may book their place on a course by making full payment online. Once payment has been received, you will have a place on the course provisionally held for you. We will then check that you hold all of the necessary pre-requisites for the course, as set out in the course description. Where you do not hold the necessary pre-requisites, we will contact you to notify you of this and to request that the pre-requisites are met. In the event that you fail to prove to our satisfaction that you hold the necessary pre-requisites within seven days of such notice from us, your booking and place on the course will be cancelled and you will be issued with a full refund
5. OR
   Application – provided there are places available on the course, you may submit an online application. Upon receipt of an application by us, all applications will be vetted by the course director against the criteria outlined in the course description. We will then contact you to notify you of the status of your application. We will endeavour to do so within 24 days of each application where possible, although you hereby acknowledge that it may take longer. Successful applicants will receive an email with details of how to make payment for the course. Unsuccessful applicants will receive feedback on their application from us.

Places are not guaranteed until full payment has been made by the applicant following receipt of an email from us confirming that their application has been successful. In the event that the applicant opts to pay by cheque, the applicant’s place will not be held until the payment has been received and processed by us, and shall always be subject to places still being available on the course following such receipt and processing.

Steps of application booking
Visit TheFA.com/FAlearning, and click on ‘National Courses’
1. Browse the available courses and information
2. Log in with existing FAN and password, or register for a FAN by clicking Here.
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COURSE FEEDBACK

FA Education values feedback on all of its courses.
The data that is collected helps to shape our courses so
they meet the demands of the candidates, and ensure we
are delivering world class coaching qualifications.

698 Candidate Responses from
National Courses – across 37 courses

Course Organisation 91% (+0.09%)
Quality 95% (+0.02%)
Tutors 91% (+2.0%)
Personal Assessment 92% (+2.3%)

Season 2013/14

FREQUENTLY ASKED QUESTIONS

How long in advance should I book onto a course?
As soon as possible after the course is published. Some courses will fill
more quickly than others, but all courses that do not require an application
 vetting process will be allocated on a first come first serve basis.

For application based courses, an online application including submission
of the required pre-requisites will need to be made prior to the registration
deadline. Details can be found by visiting the online booking page.

How long does it take to receive my certificate?
Certificates are posted within one month of the course end date/
successful assessment date.

What if I lose my certificate or need a new one?
If a candidate loses their certificate and they would like another to be
issued, how much will the cost of a new certificate be and do they contact
the County FA or go direct to FA Education?

The cost will be £5 and the candidate will need to contact FAL. Please note
that Level 1 and Level 2 certificates are issued by 1st4sport and therefore
the candidate would need to contact 1st4sport directly on 01132 907610.
The cost for Level 1 and 2 certificate replacements is £11.75.

Do I have to become an FA Licensed Coaches’ Club
member to go on a course?
For all Youth Award courses, yes. For all other coaching courses, we strongly
advise that you join to activate the discounted rate and full member
benefits. For medical and other non-coaching courses, becoming an FA
Licensed Coaches’ Club member is only applicable and desirable if you also
hold a coaching award.

How do I become an FA Licensed Coaches’ Club
member?
To become an FA Licensed Coach visit www.TheFA.com/coachesclub
to check your qualifications are in date, and join for free.

If there is no availability within my local County FA on a
specific course, can I do my course in a different county?
Yes.

How can I set up a FA Number (FAN)? And how can I
reset my password?
+REGISTER
+RETRIEVE FAN
+RETRIEVE PASSWORD

How are FA Education Local Courses evaluated?
FA Education will distribute an online course evaluation form to all those
providing an email address on their Candidate Enrolment Form.

How can I find details about the complaints and
appeals process?
All appeals and complaints should be submitted in writing to FA Education
within 28 days of the assessment/ course taking place. For access to
the full appeals and complaints procedures please contact
FALearningsupport@TheFA.com.

Further information
For any further information please contact
FALearningsupport@TheFA.com or call 0800 085 2012.

In 2014*
3900+ Responses from Regional courses
through online evaluations.
Across Youth Award Modules 1 and 2,
Goalkeeping Level 1 and
2, Safeguarding, Futsal,
Disability and Basic
Referee course.
Feedback from the
LCC CPD Events –
494 responses.

*July 2014
FA Education
St. George's Park,
Newborough Road,
Needwood,
Burton-Upon-Trent,
Staffordshire DE13 9PD

Telephone:
0800 085 2012

Email:
FALearningSupport@TheFA.com

Visit:
TheFA.com/FALearning